



Facebook: @madisonchathamcoalition
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Website: www.madisonchathamcoalition.org

Mission: Prevent and reduce youth substance use and abuse in the communities of Madison, Chatham Borough and Chatham Township through collaboration, education and community-wide change.

Madison Chatham Coalition Membership Meeting

January 19, 2020. 9:30am *Virtual Zoom Meeting*

Attendees: (16) Nixie Castello, Alex Mandala (SDOC CMS SAC), Len Resto (Borough Council), Brian Colatrella (Chatham Law Enforcement), Kelly Loofbourrow, Gwen Riddick, Borough Parent and MCC Board, Christine McIntyre (PCP), Rozella Clyde (Chatham Borough), Stacey Ewald (Deputy Mayor, Chatham Township), Christine Mahoney (SDOC CHS SAC), Lauri OBrian (Board), Mariyln (Board), Lisbeth Bringgaard (Chatham Borough, Board), Amy Lewis (Chatham Borough Health Educator/MACC Coord), Dina Pressel, Kathi Martini (Madison Area YMCA), Det Andrew Pereira (Chatham Borough Detective)

MCC Updates:

1) Marijuana in the Workplace Webinar:

- a) Legislative focus is targeted to 21 and over
- b) Employer can't refuse to hire anyone if positive to marijuana when to employment screening, can serve as a protective factor
- c) Available Recorded Meeting for Drugs Don't Work Webinar: - Marijuana in the NJ Workplace <https://youtu.be/OQxUguzFufk>

2) Additional Virtual Community Event Resources

<http://drugfreenj.org/community/>

- 3) **Sticker Shock** - MACC, MCC and MAASA will coordinate for Super Bowl and request volunteers as soon as dates and times are determined with stores. Nixie will be putting together a sign-up sheet soon.
- 4) **Member Survey Taken by Members at this meeting. Link to annual MCC member evaluation survey:**
<https://www.surveymonkey.com/r/2021MChatCap>

Sector Update: Christine McIntyre form Project Community Pride

- 1. History - Started 1976 Pilot program with Madison Police Department with two social workers
 - a. 1979 - Chatham Police joined
 - b. 1981 Florham Park joined
 - c. 1980's School districts became focus
 - d. 2014 - Madison YMCA took over program
- 2. Current Profile of PCP
 - a. Sept 2020 - Christine McIntyer became Director -
 - b. Have 3 staff for the 3 towns
 - c. Focus became Telehealth during pandemic
 - d. Community service programs in collaboration with MCC
 - e. WOrk with Madison Community House to add volunteer options
 - f. Focus on sending schools resources for journaling,
 - g. Accepting current referrals
 - h. Use MCC resources and information regularly
- 3. Discussion -
 - a. Parents generally supportive of their work and support with use
 - b. Current increase in anxiety

- c. Substance use haven't increased in past 6 months
- d. Substance use referrals have all been alcohol related language options
- e. SDOC - About 10 referrals from SDOC to PCP

Other:

1. New Chatham Borough Detective MCC Liaison: Det Andrew Pereira, apereira@chathamdpd.org

Upcoming Event:

1. February 24, 2021 - 7 PM. School Districts Consortium Event: Parent Wellness Series: Nurturing Resiliency, Courage and Independence in an Age of Adolescent Anxiety: A Roadmap for Parents by Dr. Daniel Villiers, Ph.D. See details in flyer

Respectfully submitted by Kelly Loofbourrow, Board Secretary



The Consortium of Berkeley Heights, Chatham, Millburn, New Providence, and Summit School Districts invite you to attend:

Parent Wellness Series:

During this presentation, we will look at nature and experiences of adolescent anxiety, which will include the social, emotional, and academic components of anxiety for both parents and students. During these difficult and challenging times, many adolescents have been struggling with anxiety in relation to uncertainty, change, pressure from self or others, relationships, family life, lack of motivation, procrastination, perfectionism, boredom, isolation, and at times, poor academic performance. The goal of this presentation is to provide information to parents about how they can foster independent adolescents, help their adolescents effectively manage anxiety, and lastly, discuss how parents can help encourage and support adolescent resiliency in this age of anxiety.

Nurturing Resiliency, Courage, & Independence in an Age of Adolescent Anxiety: A Roadmap for Parents

Wednesday, February 24, 2021 at 7:00 pm

Presented by:

Dr. Daniel Villiers, Ph.D.



Dr. Daniel Villiers is one of the nation's leading anxiety interventionists. He has educated, motivated, and inspired more than 800 families to pursue treatment for their children with acute anxiety, OCD, and trauma. He is a driving force for the development of specialized anxiety treatment programs for school-age children. Dr. Villiers is the cofounder of the Anxiety Institute, an organization providing an intensive day program and outpatient services for anxious adolescents and young adults. He also cofounded Mountain Valley treatment Center the first non-hospital residential anxiety program in the United States.

Dr. Villiers's passion for helping children with anxiety comes from his own experience. After having struggled with social anxiety and panic disorder in high school and college, he decided to dedicate his life to raising awareness about the impact of anxiety and reducing the shame of those suffering from anxiety disorders.

Please use the link below to join the Zoom meeting:

<https://us02web.zoom.us/j/86789231547>

Meeting ID: 867 8923 1547