

DELTA-8 HEALTH RISKS

DELTA-8 NOT APPROVED BY FDA



Delta-8 products are not approved or monitored by the FDA. The health effects have not yet been researched extensively and are not well-understood. Many Delta-8 products are marketed for therapeutic or medical use, but these claims are unsubstantiated and misleading.

REPORTS OF ADVERSE EVENTS



Over a 15-month period between 2020-22, the FDA received over 100 reports of adverse events in individuals who had consumed Delta-8. These events included hallucinations, vomiting, dizziness, confusion, and loss of consciousness.

INTOXICATING AND PSYCHOACTIVE



Although touted as a "natural, safe" alternative to marijuana (Delta-9 THC), Delta-8 also has intoxicating and psychoactive properties. Delta-8 products can expose consumers to much higher levels of the substance than are naturally occurring in hemp extracts.

VARIETY OF CHEMICAL ADDITIVES



Because Delta-8 occurs naturally in very low levels in the hemp plant, chemicals are added to convert other hemp cannabinoids to create Delta-8 through synthesis. The FDA has received reports of dangerous household chemicals being added, which can expose Delta-8 users to potentially harmful by-products.

RESOURCES

5 Things to Know about Delta-8 Tetrahydrocannabinol – Delta-8 THC | FDA

<https://www.fda.gov/consumers/consumer-updates/5-things-know-about-delta-8-tetrahydrocannabinol-delta-8-thc>

CDC Health Advisory: Increases in Availability of Cannabis Products Containing Delta-8 THC and Reported Cases of Adverse Events | NIDA

<https://nida.nih.gov/news-events/emerging-trend/cdc-health-advisory-increases-in-availability-cannabis-products-containing-delta-8-thc-reported>



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The Madison Chatham Coalition is funded by the Office of National Drug Control Policy and is a collaborative partnership between the Centers for Disease Control and the Community Anti-Drug Coalitions of America.