



EMERGING DRUG TRENDS: MARIJUANA EDIBLES

Edibles are food products infused with marijuana. While there are many different methods of consumption of marijuana including smoking and dabbing, consuming marijuana in edible form has become increasingly popular, particularly among teens. When consumed orally, the user ingests THC, the primary psychoactive compound that causes intoxication.

CAN BE MORE DANGEROUS

Because edibles are made by mixing marijuana oils or marijuana bud into food and drinks like brownies, cookies and tea, there can be a higher potential for overdose if the substance is not equally distributed throughout. As a result, the amount of THC in these food products can be difficult to measure.



HIGHER POTENTIAL FOR OVERDOSE

When edibles are consumed, there is typically a delayed onset of effects. It can take up to two hours for the user to feel the full effects of edibles. Because effects are not felt immediately as when marijuana is smoked, the user might continue to ingest more edibles than recommended over a shorter period of time. This can lead to overdose.



ABSORBED BY THE BODY DIFFERENTLY

As with other food products, edibles are digested first by the stomach, followed by the liver. They can take a longer period of time to metabolize and be absorbed into the bloodstream. There are external factors that contribute to this process including the rate of an individual's metabolism and the amount of other food in the system.

