

Project Community Pride and the
Madison Chatham Coalition
present:



Teen Topics

A fall workshop series for teens, highlighting topics that affect teens

**25
OCT**

*Art and stress
management*

Ft. Shirly Wu,
Myosotis Art Studio

**15
NOV**

*The mind/body
benefits of exercise*

Ft. Kyle Giffen
Madison Area YMCA

**06
DEC**

*Substance use
refusal skills*

Ft. Allison Bardon,
Madison Chatham Coalition

6 PM - 7 PM



Guest Speakers each month

WHERE

Boszhardt Family Teen Center
@ the Madison Area YMCA

AGES

13-18 years old

REGISTRATION

Workshops provided at no fee; Registration required.
To register, email cmcintyre@madisonymca.org

CONTACT

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