

# Community Mental Health Initiative MADISON AREA YMCA



## Directory of Mental Health and Substance Abuse Resources: Morris County

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### EMERGENCY / CRISIS INTERVENTION

- Morristown Medical Center, Crisis Intervention: 973-540-0100 (24/7 crisis hotline & crisis service)
- Chilton Memorial Hospital Psychiatric Emergency Service: 973-831-5078 (24/7 crisis hotline & crisis service)
- Saint Clare's Hospital Psychiatric Emergency Service: 973-625-0280 (24/7 crisis hotline & crisis service)
- Saint Clare's Wellness and Recovery Center: 973-625-0096, 888-476-2660
- Family Intervention Services Intervention Unit (juvenile service): 973-627-2317

### EMERGENCY HOTLINES: 24/7

- National Suicide Prevention Lifeline: 800-273-TALK (8255)
- Morris County Sexual Assault Center Hotline: 973-829-0587
- Jersey Battered Women's Service Crisis Hotline: 973-267-4763
- NJMentalHealthCares: 1-866-202-HELP (4357)

### DETOXIFICATION SERVICES

- New Hope Foundation: 732-946-3030
- Saint Clare's Hospital: 973-316-1888
- Turning Point, Inc.: 973-239-9400, 1-800-969-7476
- New Pathway Counseling: 201-436-1022

### INFORMATION AND REFERRAL

- NJ 2-1-1 Help Line: 973-398-1730
- Mental Health Association of Essex and Morris County: 973-334-3496 (Morris County)
- Morris County Prevention is Key (substance abuse): 973-625-1998
- NJ Mental Health Cares (mental health): 866-202-4357
- National Mental Health Association: 1-800-969-6642, [www.nami.org](http://www.nami.org)
- NJ Self-Help Group Clearinghouse: 800-367-6274
- Morris County Aging, Disabilities, and Community Programming: 800-564-4656

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## COUNSELING SERVICES

- Project Community Pride of the Madison Area YMCA: Madison, Chatham, Florham Park: 973-845-6480
- Family Intervention Services (families and youth): 973-586-5243
- Cornerstone Family Programs, Morristown: 973-538-5260
- Catholic Charities Hope House, Dover: 973-361-5555
- Daytop New Jersey, Parsippany: 973-539-5764
- Grace Counseling Center, Madison: 973-822-0707
- NewBridge Services, Inc.: 973-316-9333
- Saint Clare's Behavioral Health Centers, Denville & Parsippany: 888-626-2111
- Willow Tree Center (substance use and co-occurring), Morris Plains: 973-682-8733

## SHORT TERM INPATIENT SERVICES

- Saint Clare's Hospital: 973-316-1845
- Turning Point, Inc. (Detox & short-term inpatient for co-occurring mental illness): 973-239-9400
- New Hope Foundation (substance abuse), Marlboro: 732-946-3030

## EATING DISORDERS

- Center for Treatment of Eating Disorders: 973-740-0234
- Atlantic Health Systems (ages 12-21): 908-522-5757
- Renfrew Center of Northern NJ: 201-652-5114
- National Eating Disorders Association Helpline: 800-931-2237
- NJ Eating Disorders Helpline: 800-624-2268
- Overeaters Anonymous Info Line: 973-746-8787

## SUBSTANCE ABUSE

- Alcoholics Anonymous, [www.aa.org](http://www.aa.org), 800-245-1377
- Al-Anon/Alateen, [www.alateen.org](http://www.alateen.org)
- Narcotics Anonymous, [www.na.org](http://www.na.org), 800-992-0401
- Nar-Anon, [www.nar-anon.org](http://www.nar-anon.org)
- Addictions Hotline: 800-238-2333

## WEBSITES

- Mental Health Association of NJ, [www.mhanj.org](http://www.mhanj.org)
- Teen Health, [www.teenshealth.org](http://www.teenshealth.org)
- 2<sup>nd</sup> Floor, <http://www.2ndfloor.org/>, teen help-line: 888-222-2228
- Mental Health America, [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)
- National Institute of Mental Health, <https://www.nimh.nih.gov/>

### DISCLAIMER OF ENDORSEMENT:

This list is by no means all encompassing and is intended to provide contact information for local and national resources. An organization or website's appearance on this list does not necessarily constitute or imply its endorsement, recommendation or favoring by the Madison Area YMCA or Mental Health First Aid USA.



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