

ABOUT:

Night of Conversation is an initiative to support parents in raising healthy teens empowered to make good choices including avoiding substance use. Night of Conversation encourages families to talk openly about important issues like substance use and mental health. This year, families are invited to participate in a meaningful conversation at home, at their own pace. Families will receive a kit delivered to their home that has all the essentials for a fun night in. Mental health and substance use related question prompts and tips on how to facilitate the conversation will be included as well as coupons, resources, giveaways and more!

HOW TO REGISTER:



Scan the QR code or click below and follow the prompts. <u>https://bit.ly/mccnightofconversation</u>



Select a date in March to have your Night of Conversation that works with your busy schedule.

Wait for a confirmation email, let us know when and where to deliver the kit, and launch your own Night of Conversation at your own pace, sometime in March!



Plan to have your night of conversation anytime in March!

QUESTIONS?

Contact Allison Bardon, Madison Chatham Coalition Director: abardon@madisonymca.org





Appropriate for families with children ages 12-18

This initiative is FREE and open to all!

Registration is limited so act fast!